

Physical Education and Sports

Date: Friday, 08 July 2022

Period: 8H:30AM to 10:30AM



END OF TERM III EXAMINATIONS

GRADE : **PRIMARY ONE (P1)**

COMBINATION: **LOWER PRIMARY**

DURATION: **1 HOUR**

MARKS: **...../ 10**

INSTRUCTIONS

- 1) Write your names on this question paper and answer from it
- 2) Do not open this question paper until you are told to do so.
- 3) Answer all questions
- 4) Avoid any rubbing
- 5) Use only a **blue** or **black** pen

ANSWER ALL QUESTIONS

1) Choose the correct option from the lettered options.

.....is a kind of warm up exercise.

- A. Shouting in class
- B. Dusting the chairs and tables
- C. Fighting with our friends
- D. Jogging

(1mark)

2) Give 2 diseases caused by lack of hygiene.

(2 marks)

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3) Propose 2 cards used by football officials.

(2marks)

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.....

4) Choose the correct answer.

Group exercise helps learners to grow

- A. Mentally
- B. Spiritually
- C. Sick
- D. Tall

(1 mark)

5) List 2 jumping exercises.

(2marks)

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6) Select games that are played with hands.

- a) Football b) Karate
- c)Volleyball d) Athletics

(2 marks)

END