

Physical Education and Sports

Date: Friday, 08 July 2022

Period: 8H:30AM to 10:30AM



END OF TERM III EXAMINATIONS

GRADE : PRIMARY THREE (P3)
COMBINATION: LOWER PRIMARY

DURATION: 1 HOUR

MARKS:/ 10

INSTRUCTIONS

- 1) Write your names on this question paper and answer from it
- 2) Do not open this question paper until you are told to do so.
- 3) Answer all questions
- 4) Avoid any rubbing
- 5) Use only a **blue** or **black** pen

ANSWER ALL QUESTIONS

1. List 2 equipment that are used in football. **(1mark)**

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2. Name 3 commands or signals used for starting a running competition. **(3marks)**

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3. From the following words, Choose Physical exercises and games that promote team work among them:

- a) Football
- b) Handball
- c) Listening to music
- d) Ball

(1mark)

4. Identify football game officials. **(2marks)**

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5. List 2 ways of preventing diseases caused by poor hygiene **(2marks)**

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6. Propose 2 exercises to warm up the body. **(1mark)**

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END