

Physical Education and Sports

Date: Friday, 08 July 2022

Period: 2:00 PM to 4:00 PM



END OF TERM III EXAMINATIONS

GRADE : **PRIMARY FOUR(P4)**
COMBINATION: **UPPER PRIMARY**

DURATION: **2HOURS**

MARKS: **...../ 10**

INSTRUCTIONS

- 1) Write your names on this question paper and answer from it
- 2) Do not open this question paper until you are told to do so.
- 3) Answer all questions
- 4) Avoid any rubbing
- 5) Use only a **blue** or **black** pen

ANSWER ALL QUESTIONS

1. What is gymnastic? **(1mark)**

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2. Choose the correct answer:

A handball team is composed by players on the court.

- A. 11
- B. 9
- C. 7
- D. 15

(1mark)
(2marks)

3. Select volleyball techniques from the following words:

- a) Serving
- b) Massaging
- c) Blocking
- d) Ropes

4. Categorise general football position in pitch/court **(2marks)**

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5. Outline 2 exercises for strengthening body muscles **(2marks)**

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6. Classify infectious diseases / transmitted diseases **(2marks)**

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END